

# **Creston Valley Youth Soccer Association (CVYSA)**

## **Rules and Regulations**

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### **1. Mission Statement**

The CVYSA shall support soccer players, coaches, referees and volunteers by providing appropriate programs and opportunities to help the individual achieve their potential, while employing the principles of "Fairplay".

### **2. Purpose of the CVYSA**

The purpose of the CVYSA is to foster, develop, and govern the game of soccer in a safe, fun and encouraging environment among all youth within the Creston Valley, in British Columbia, Canada, and to provide training and leadership for soccer coaches and youth referees.

### **3. Board of Directors**

(As per CVYSA constitution Bylaw Part V)

The business of the Association shall be conducted by a volunteer Board of directors consisting of a President, Vice President, Secretary, Treasurer, Registrar/Scheduler, Public relations/marketing person, Head Coach, Head Referee, Equipment Manager, and Members-at-large. Depending on the available number of members, an additional role or roles may be taken on by any director on the board. For example, any director of the board may choose to take on the responsibilities of another director role if there are not enough members to fulfill all responsibilities.

### **4. Sponsors**

#### **House team: \$210**

The House category is the one that most people are interested in. To sponsor a house team requires \$210. The business title will appear on the front of one team's t-shirts. Another option is for partial sponsorship of a house team at the cost of \$125 per team. In this instance, the sponsor's title will appear on one team's t-shirts along with another sponsor.

The association decides which team receives which title - so there is no guarantee that a sponsor with a child in soccer (or coaching a team) will have his/her child wearing his/her title. Reasonable efforts can be made to accommodate sponsors wishes.

Should a sponsor wish to sponsor more than one team, first all other sponsor applicants must be assigned a team. Second team allocations would then occur, proceeding to third etc.

### **Travel (Rep) Team**

Sponsorship of a rep team is a longer term commitment: a minimum of \$500.00 per year for three years is required. These teams incur additional costs including uniforms, tournament fees and travel. Each year, we would look at how to best use that money. One year it might be to purchase team jerseys (which should last 3 to 4 years) and another year it might go to equipment, etc. The sponsor title would appear on the jerseys - likely an embroidered patch.

### **Soccer for Kids**

Donations will be used to help kids participate in soccer who are unable to do so because of financial difficulties. It can be used to pay fees and can also be used to purchase equipment – cleats, shin guards, etc. It may also be used to support kids wishing to participate on Travel teams.

## **5. Registrations**

Registration occurs in the spring around the time of the school spring break, to allow time for creating teams for a mid to late April season start. All registration must be accompanied by payment. Parents will be required to sign a "Fairplay" contract at time of registration. Late registrations will be waitlisted with the possibility of allocation to a team *if* there are enough players to form another team.

## **6. Refund Policy**

Refunds will be given if a player cannot be placed on a team.

Requests for refunds (other than when a player cannot be placed on a team, as noted above) must be received by CVYSA *in writing prior to the second house league game* and is subject to a \$5.00 administration fee.

## **7. Season and Schedules**

The season shall last eight weeks and shall start at the middle/end of April for house league play. For travel/rep team play the season shall go to the end of September as determined by the rep team coaches. Normally 1 practice and 1 game will be scheduled per week per team. Extra game or practice time may be offered at the discretion of the rep team coaches.

## **8. Postponements and Field Closures**

Rescheduling of games can be done with the mutual consent of both coaches. A game may be rescheduled to one of the teams practice time or some other suitable time. Coaches are responsible for ensuring that a field is available.

## **9. Age Categories**

## **10. Girls and boys teams**

Whenever possible, given sufficient registrations and coaches, separate girls and boys teams will be formed for U8 players and up.

## **11. Coaching Youth Players**

Youth soccer means playing and playing should be fun.

- Keep it simple – don't talk too much.
- Kids like to move – not sit still.
- Plan activities so that kids spend a minimum amount of time standing in line.
- Devise strategies to ensure equitable playing time and positional rotation.
- Everyone enjoys being successful and being praised.
- For youth players, being with friends is most important.
- Players should be taught to win and to lose and to respect their opponents and officials -- teach by example.
- Treat everyone fairly, regardless of gender, background, skill level
- Listen for feedback from children and parents.
- Be prepared prior to practice – have a plan for your practice session.
- Ensure safety of participants first.

- Direct comments to the performance rather than the person.
- Refrain from public criticism.
- Refrain from use of profane or insulting, or harassing language.
- Respect personal boundaries. Physical / emotional / social / sexual.
- Refrain from using drills as a punishment (for being late, slow etc)
- Do not tolerate bullying within the team. Act on it immediately.

## **12. Mini Soccer Overview**

- Game scores are not recorded.
- Rules are simple and teams are kept small so that players have more contact with the ball.
- Unlimited substitutions are allowed during any dead ball situation.
- Each player must play at least half a game.
- A maximum of 12 players per team is desirable.
- Allowances can be made for children with early/late birthdays or who need to play in a lower/higher division due to size and abilities etc. These special requests should be in writing to CVYSA board of directors before season commencement however the board recognizes that this is not always possible. Coaches will attempt to identify needed movement in the first 2 practices of the season and reserves the right to make exceptions.
- Each team must field a minimum of 6 a side, otherwise it is the responsibility of the coaches to mix both teams together to play as equal numbers.
- Unlimited substitutions may be made, but only with officials' permission and during stoppage of play.

The mini soccer program is meant to:

- Provide a positive, fun learning experience for young soccer players.
- Develop the skills of co-ordination, alertness and self-control.
- Introduce the concepts of sportsmanship, team effort and respect for others.

### **13. Full sided soccer**

Whenever possible, given sufficient registrations and coaches, eleven-a-side soccer teams will be formed for U11 players and up.

- Maximum 18 per team
- Game durations:  
U12 = 2 x 25mins.  
U14 – U18 = 2 x 35mins.
- All division categories are subject to change due to registration numbers and may vary to better suit team selections. Allowances may be made for children with early/late birthdays or need to play at a higher/lower division due to size and abilities. These special requests should be made in writing to the board of directors before the season commencement however the board recognizes that this is not always possible and reserves the right to make exceptions.
- Game rules are played in accordance with FIFA rules. \*\*Except substitutions.
- Unlimited substitutions may be made, but only with official's permission and during stoppage of play.
- Ball Sizes are used in accordance with BCSA rules and are as follows: Size 4 ball for U11, U12, U13, Size 5 ball for U14, U15, U16, U17, U18.

### **14. Rep Program**

This program is for the more serious player and requires costs to the player.

A player is only eligible for a Travel/Rep team if registered and practicing & playing in CVYSA House soccer.

The player will have a minimum of 1 practice per week in addition to house team practices. More practices are at the coach's discretion.

- Coaches may choose to select players by a try out format.
- The player will travel out of town (including to the United States on occasion) for tournaments throughout the season.
- Uniforms are provided on loan for the season and are to be returned to the coach at season end. The coach is responsible for returning uniforms to the equipment manager.
- Accommodation and expenses are at own cost.

## **15. Expectations for/of Coaches**

Recommended Coaching Qualifications / Clinics are as follows:

- Mini Soccer - BCSA Community Coach Junior
- House - BCSA Community Coach Junior
- Rep - BCSA Community Coach Senior

Coaches will behave by the FAIRPLAY coaches' code of conduct (see Fairplay Codes). To achieve CVYSA coaching objectives, coaches shall strive to attend coaching clinics to certify and/or update their skills.

All coaches are required to read and sign the RISK MANAGEMENT form distributed at coaches meeting (see Risk Management 17.0)

In the spirit of FAIRPLAY and CVYSA objectives, all Coaches in the league program (not Rep) shall acknowledge that all participants are entitled to equal game time on the field during season play and playoffs.

Coaches are responsible for player behaviour. If a coach is having trouble with a player, talk to the parent(s), and/or call the board chair for assistance.

Coaches are responsible for ensuring players wear proper soccer attire for safety purposes. Shin pads and cleats are mandatory for practices and games.

Please note that unregistered players cannot play or practice with your team due to lack of insurance.

Coaches are reminded that referees are not to be harassed and that the referee will make all decisions relating to the game, behaviour and field. The referees must be supported and respected if the CVYSA is to be able to develop and keep young referees.

## **16. Expectations for/of Players**

- Players can expect 1 game and 1 practice on average per week for season duration, weather permitting.
- Players shall attend all practices and games. If unable to attend, they should advise their coach beforehand.
- Players should bring their own water bottle to practices and games.
- Players are to wear shin pads and cleats to practices and games.
- Players are expected to play fairly to the "Laws of the Game" and in the spirit of FAIRPLAY (see Fairplay codes)
- Soccer etiquette requires that players shake hands after each game with NO criticism or exchange of trash talk about any player, referee or coach.
- Soccer is a team sport, and while individual skills are important, team effort is vital and is the objective of the game.

- Players are expected to WIN and LOSE gracefully.

## **17. Expectations for/of Parents**

- Parents, please adhere to FAIRPLAY code for PARENTS.
- Please remember that officials know the game but may make errors. It is their call not the parents.
- The decision of the referee is final.
- If parents have a grievance, they should talk to the coach. If this proves to be unsatisfactory, speak to the Division Head Coach. The final step should be in writing to the board of directors.
- Parents should know that team selection is done after registration is complete and practice times cannot be determined until coaches have a team list and know who their team members are. Some changes may be made to accommodate special circumstances but only when absolutely necessary and cannot be guaranteed.

## **18. Refs & Officials**

Required qualifications:

- Class 5 Mini Soccer Min 12 yrs of age.
- Class 4 Entry Level Min 14 yrs of age for 11 a side
- Class 3 Rep and Provincial Min 16 yrs of age  
(need Class 4 for 1 year)

Referees are scheduled by the Referee coordinator. The "Laws of the Game" are as laid out by the world organization for soccer; FIFA. These rules are adhered to although concessions are made in the mini soccer program.

Referees must report all Yellow cards and Red cards to Referee coordinator within 24 hrs of issuance.



Complaints concerning officials must be in writing to the Referee Coordinator and/or Board of Directors.

All referees officiate in the spirit of the FAIRPLAY rules.

## **19. Disciplinary Guidelines**

CVYSA is responsible for dealing with reported cases of misconduct, violations of FIFA laws of the game and violations of CVYSA or BCSA regulations.

Disciplinary action may be taken against any team official, player, parent, supporter or official in connection with the activities of the CVYSA. The CVYSA board has the authority to suspend offenders from the association.

Disciplinary action is normally delegated to a Disciplinary Committee to be convened by the Chair of the association. Offenders will have the opportunity to appear before the committee. Parents and coaches may also attend.

In order to prevent any violation occurrences, team officials shall attempt to control the action of the players, parents and their team supporters.

Players "Red Carded" are automatically suspended for the next game. Only after a decision and recommendation of the Disciplinary Committee shall the player be permitted to resume playing. Two Yellow cards during the game or three accumulated throughout the season will also result in a one game automatic suspension.

Referees must report all Yellow and Red cards to the Referee Coordinator within 24hrs. Referees written report must be mailed to the Chairperson within 48hrs.

Appeals must be directed to the CVYSA chair within one week of the Disciplinary Committee decision. If necessary the appeal may need to be made in person at the next Board meeting. Suspensions must be served while the appeal is pending.

## **20. Accident Insurance**

All youth soccer players, coaches and volunteers registered with CVYSA are covered for medical expenses resulting from an injury while participating on a CVYSA affiliated team. Exact coverage details are in the policy.

## **21. Risk Management**

BCSA's Risk Management Policy states, "Every volunteer or employee of the association who at any time in the performance of their duties could be expected to be alone with any registered youth player must have on file a completed personal disclosure statement form provided by the association."

Every volunteer or employee age 18 and above must complete a Volunteer/Employee Disclosure Statement Form A or Form C annually.

The CVYSA shall appoint a member of the board to the role of Risk Manager who will ensure that BCSA's Rules, Policy and Procedure in regards to Risk Management are followed.

## **22. FAIRPLAY Codes for Players**

- I will participate because I want to, not because my parents or coaches want me to.
- I will always play by the rules and in the spirit of the game.
- I will never argue with an official. When a call is disputed, I'll let the team captain or coach handle it.
- I will respect my opponents.
- I will control my temper and not be a showoff.
- I will show appreciation for good plays/performance, those of my team and of my opponents.
- I will do my best to be a true team player.
- I will remember that winning isn't everything, that having fun, improving skills, making friends and doing my best are as important.

### **23. FAIRPLAY Codes for Parents**

- I will not force my child to participate in sports.
- I will remember that my child plays sports for his/her own enjoyment not mine.
- I will encourage my child to play by the rules, and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning.
- I will never ridicule or yell at my child for making a mistake or losing a competition.
- I will remember that children learn best by example. I will applaud good plays / performances by both teams.
- I will respect and show appreciation for the volunteer coaches who give their time and provide sport activities for my child.
- I will teach my child that doing one's best is as important as winning.

### **24. FAIRPLAY Codes for Coaches**

#### **Integrity**

The coach must act with integrity in performing all duties owed to the athletes and the sport.

#### **Competence**

The coach must strive to be well prepared and current in order that all duties in the coaches discipline are fulfilled with competence.

#### **Athlete's Interest**

The coach must act in the best interest of the athlete's development as a whole person.

#### **Respect for the Rules**

The coach must accept the letter and the spirit of the rules governing the sport.

**Respect for the Officials**

The coach must accept the role of officials in providing judgment to ensure that competitions are conducted fairly and according to the established rules.

**Responsibility to other Coaches**

The coaches conduct toward other coaches must be characterized by courtesy, good faith and respect.

**Personal Conduct**

The coach must maintain the highest standards of personal conduct and support the principles of FAIRPLAY.